

# ALHomecare 2024 Calendar

This calendar was made possible thanks to our wonderful carers.

All the photos in this calendar were taken by our carers.

The photos are of places in Ireland that are special to them.

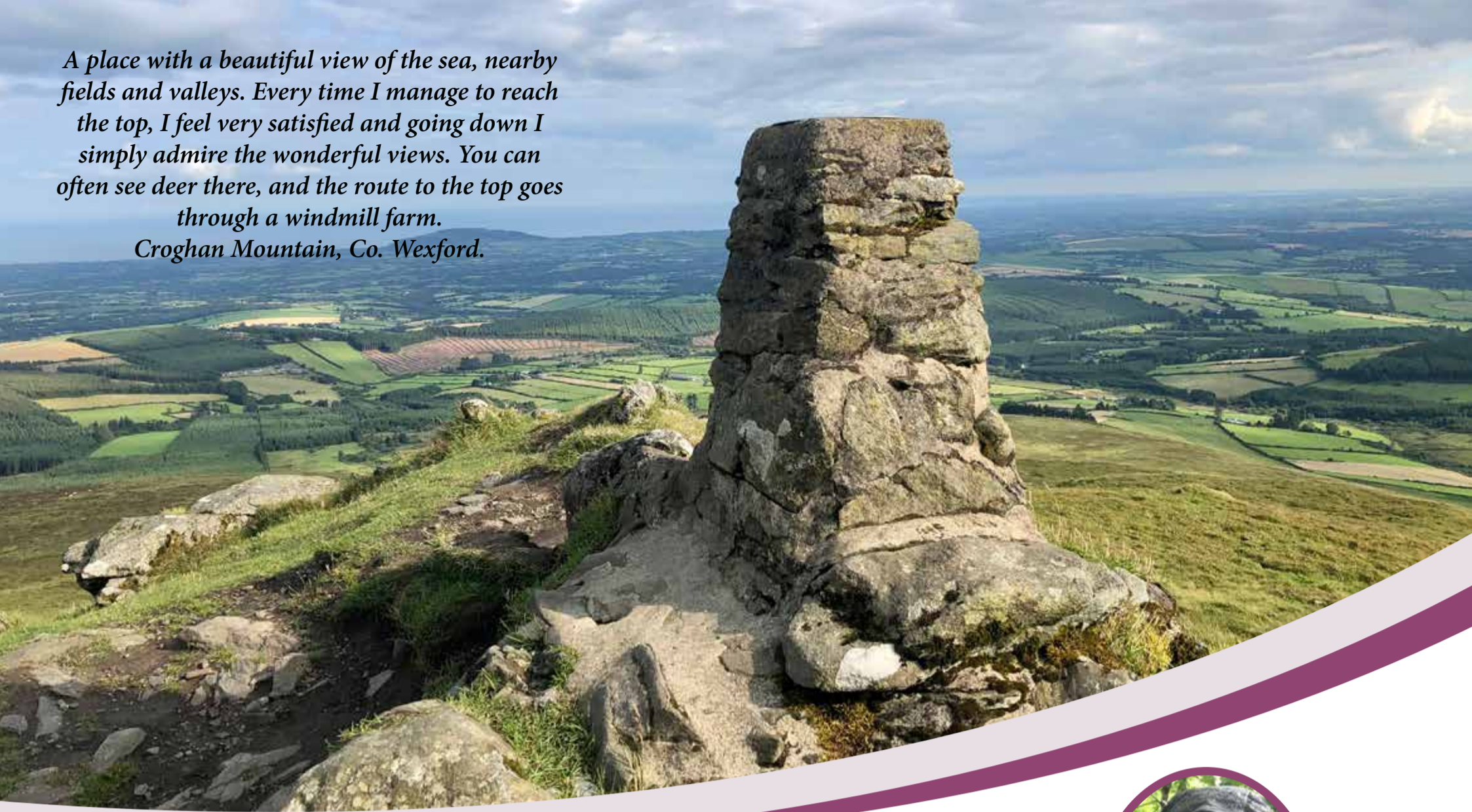
It was an awesome challenge to pick the 12 winners of this photo competition!



**Wishing All Our Clients, Families and Carers a  
Very Happy Christmas and We Hope 2024 Will Be  
Full of Health, Happiness & Success For You All!**

*ALHomecare...Celebrating 10 Years of  
Making the Lives of Seniors Better  
...We are the Live-in Care Specialists*

*A place with a beautiful view of the sea, nearby fields and valleys. Every time I manage to reach the top, I feel very satisfied and going down I simply admire the wonderful views. You can often see deer there, and the route to the top goes through a windmill farm.  
Croghan Mountain, Co. Wexford.*



# January '24



*Photo and text by our carer, Anna*

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1 New Year's Day	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

*Donabate Beach with Martello Tower became a special local place for me, I used to walk there early every morning during my 2 months summer placement and swam in the cold sea. Meditative and refreshing not only in the morning but all my day long. It became my habit and my need! I continue my cold way to Dublin now and hope it'll keep me warm even during the winter.*

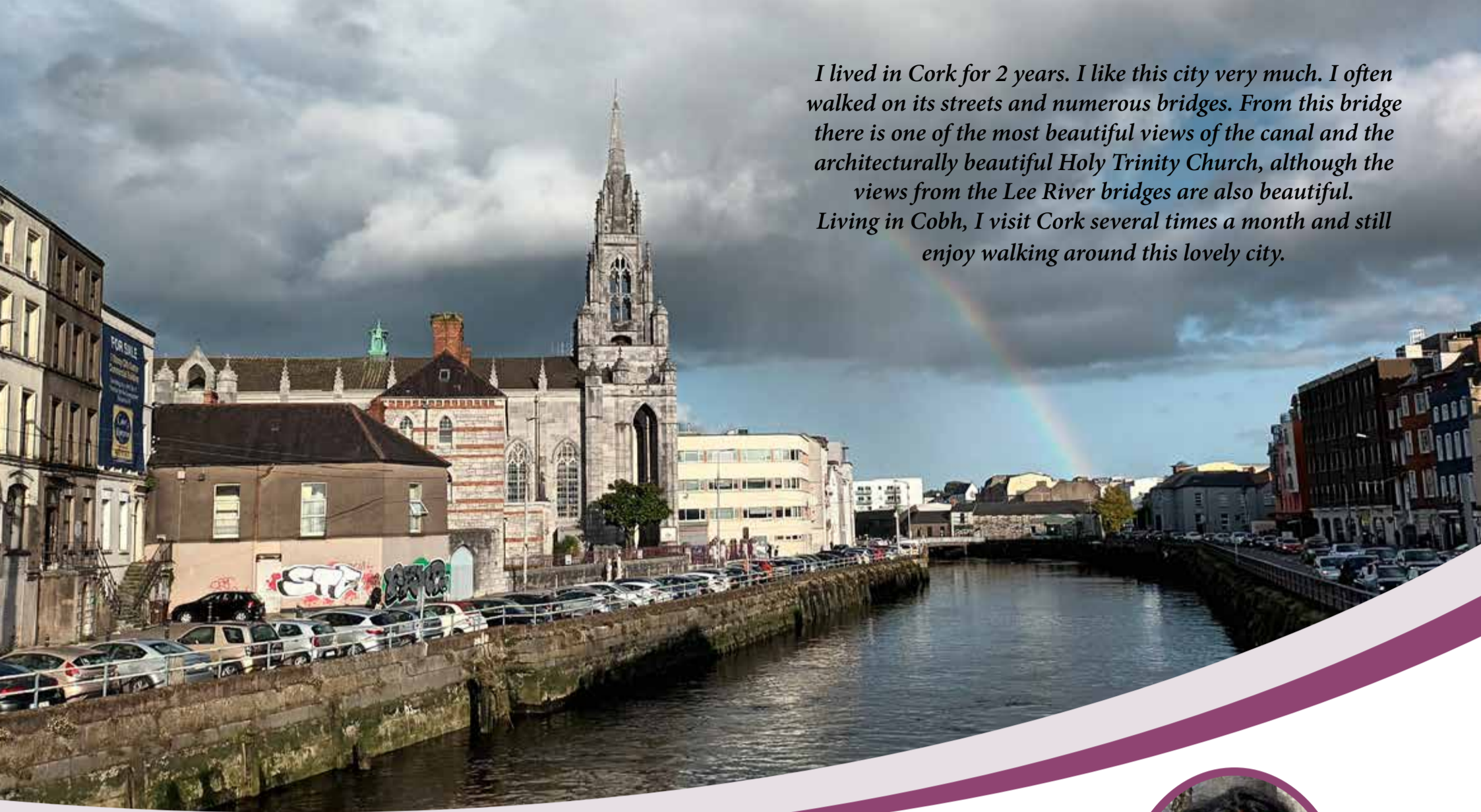


# February '24



*Photo and text by our carer, Jana*

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3	4
5 St. Brigid's Day	6	7	8	9	10	11
12	13	14 St. Valentine's Day	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			



*I lived in Cork for 2 years. I like this city very much. I often walked on its streets and numerous bridges. From this bridge there is one of the most beautiful views of the canal and the architecturally beautiful Holy Trinity Church, although the views from the Lee River bridges are also beautiful. Living in Cobh, I visit Cork several times a month and still enjoy walking around this lovely city.*



# March '24



*Photo and text by our carer, Agata*

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1	2	3
4	5	6	7	8 <small>Int'l Women's Day</small>	9	10 <small>Mother's Day</small>
11	12	13	14	15	16	17 <small>St. Patrick's Day</small>
18	19 <small>March Equinox</small>	20	21	22	23	24
25	26	27	28	29 <small>Good Friday</small>	30	31 <small>Easter</small>



*This is the castle of Kilkenny. I enjoy walking here as it is such a privilege to walk and be part of the history and culture. The building is beautiful and always full of tourists - it makes me forget how much I miss home and for a moment I'm transported back in time. I also love my coffee.*



# April '24



*Photo and text by our carer, Isabel*

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1 Easter Monday	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

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*“Dalkey Island so close to the coast and yet so far away!  
The ruins that remain invite exploration and  
the mystique associated with it made the need to delve  
into the Irish soul blossom in me.”*



# May '24



*Photo and text by our carer, Margarida*

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2	3	4	5
6 May Day	7	8	9	10	11	12 Int'l Nurses Day
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

My favourite local place in Ireland is the countryside  
because of its beauty and peace. My name is Maria  
Ribeiro and I am a carer in Dromcollogher  
Co. Limerick



# June '24



Photo and text by our carer, Maria

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2
3 June Bank Holiday	4	5	6	7	8	9
10	11	12	13	14	15	16 Father's Day
17	18	19	20	21 June Solstice	22	23
24	25	26	27	28	29	30

When I saw these beautiful horses, of different shades, beautiful, loose, strong and with a gentle tender look, in a huge green meadow I thought... There are moments that are worth a lifetime!

Pure poetry in motion. Art! This photo was taken in Ennistymon, on a beautiful morning with blue skies, while I was taking my daily walk and the contrast of the green of the field, with the different colours of the horses made me stop and contemplate the beautiful postcard that nature offered me. The horses were pure poetry in motion. Their natural elegance, the sweetness in their eyes conveyed to me truths that do not require words, because happiness does not depend on what we lack, but on valuing what we have. If I had to caption this photo it would be:

Poetry in motion in the wild west



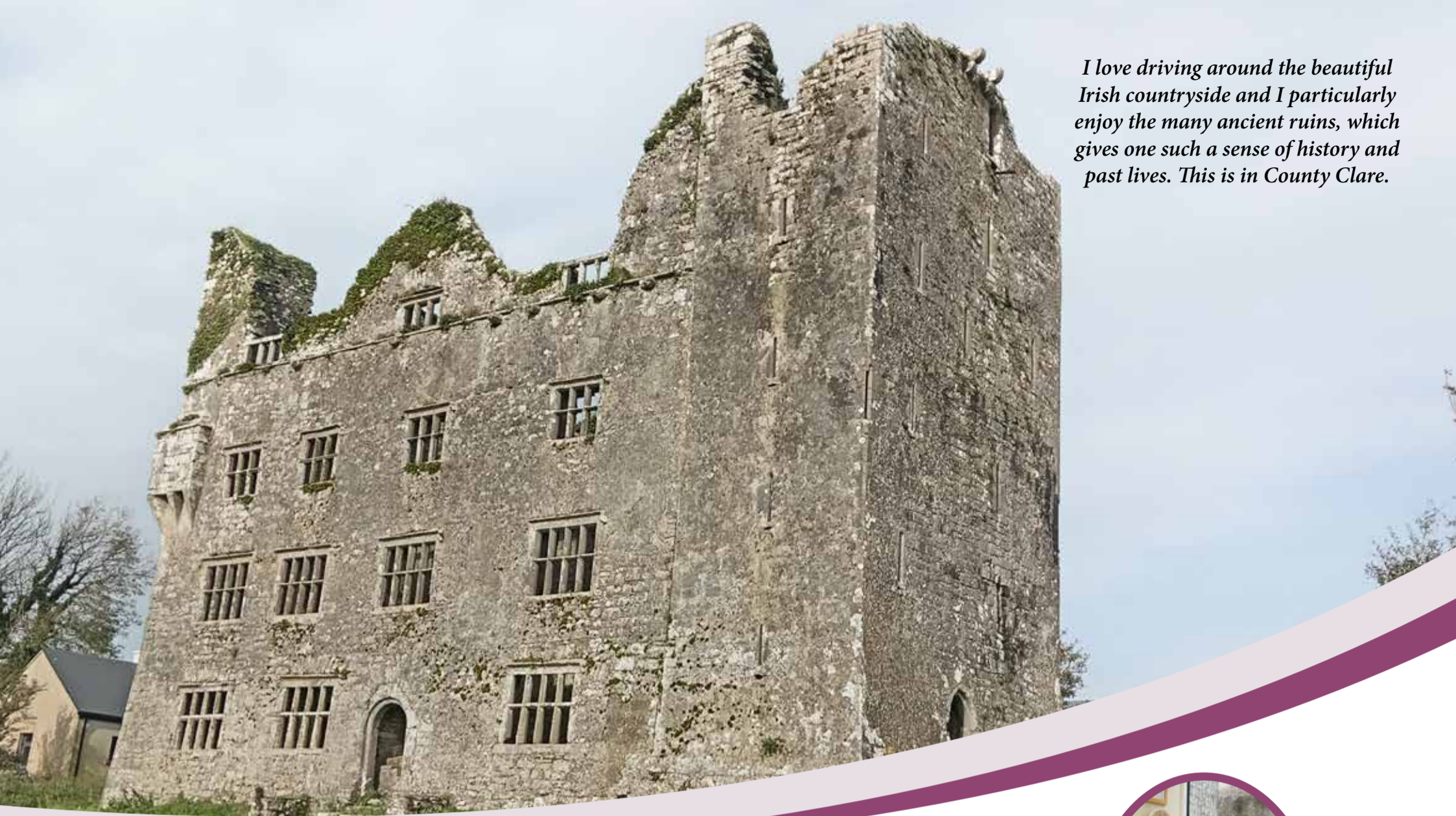
# July '24



Photo and text by our carer, Sandra

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				





*I love driving around the beautiful Irish countryside and I particularly enjoy the many ancient ruins, which gives one such a sense of history and past lives. This is in County Clare.*



# August '24



*Photo and text by our carer, Gaye*

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3	4
5 August Bank Holiday	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

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*My favourite local place that I love to visit is the Ring of Kerry. It is the true paradise of Ireland with its views worthy of a painter's brush. All photos have their own unique beauty that can take your breath away.*



# September '24



*Photo and text by our carer, Loreta*

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22 <small>September Equinox</small>
23	24	25	26	27	28	29
30						

*Ireland is an island in the westernmost edge of Europe. You will find everything in this country. Beautiful mountains, forests, woods, and the ocean with beaches. There are very kind and warm people, polite and always with a smile, ready to help you in any trouble. I love Ireland with all my heart.  
Kylemore Abbey, Co. Galway*



# October '24



*Photo and text by our carer, Laima*

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1 <small>Int'l Day for Older Persons</small>	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28 <small>October Bank Holiday</small>	29	30	31			

One of my favourite places to visit is Malahide Beach especially during sunset.

Walking barefoot during the golden hour when the tide is low is my special moment and kind of meditation at the same time. I'm glad that I have my favourite spot where I like to enjoy the beauty of nature.



# November '24

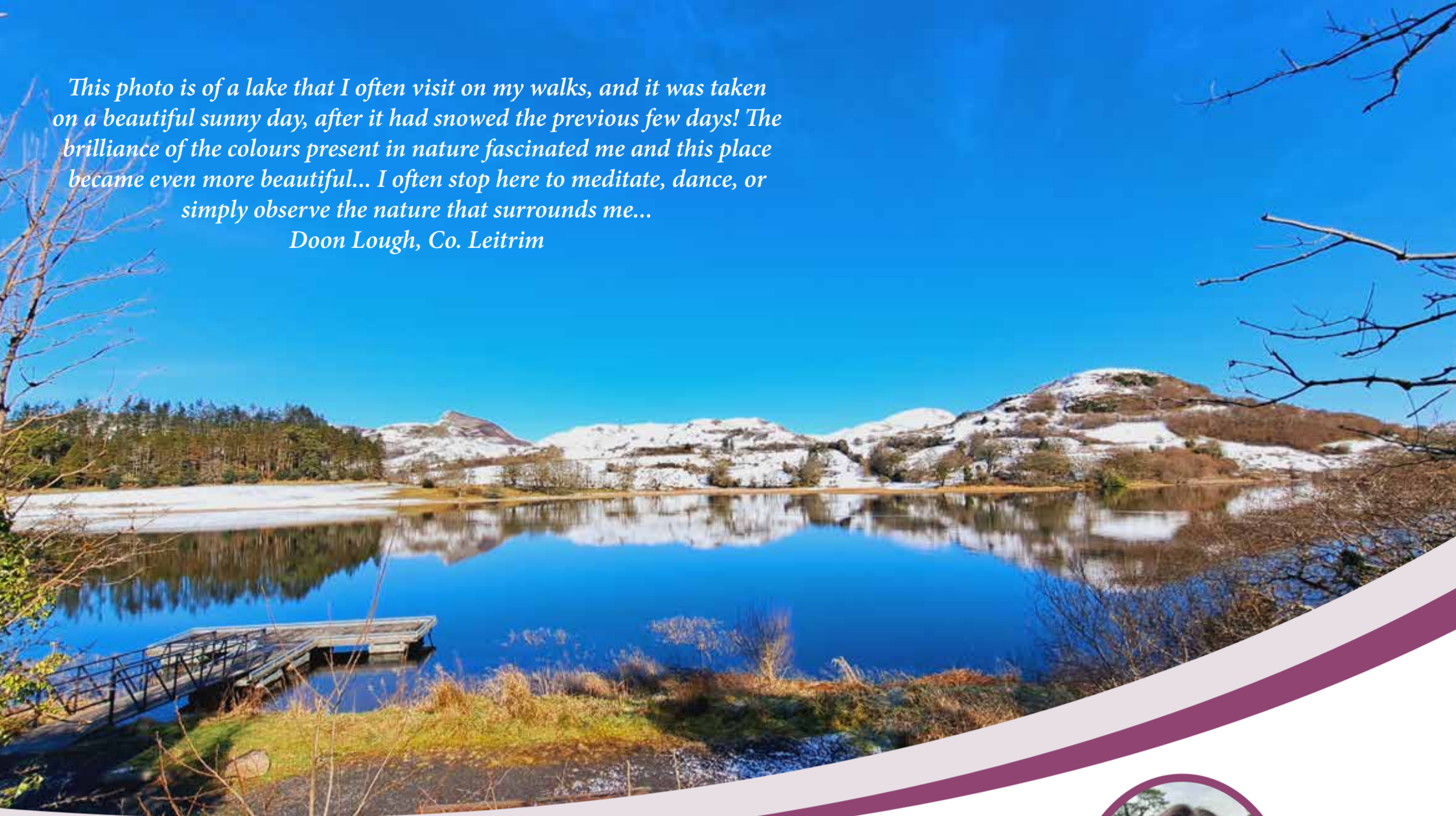


Photo and text by our carer, Emilia

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19 Int'l Men's Day	20	21	22	23	24
25	26	27	28	29	30	

*This photo is of a lake that I often visit on my walks, and it was taken on a beautiful sunny day, after it had snowed the previous few days! The brilliance of the colours present in nature fascinated me and this place became even more beautiful... I often stop here to meditate, dance, or simply observe the nature that surrounds me...*

*Doon Lough, Co. Leitrim*



# December '24



*Photo and text by our carer, Ema*

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21 <small>December Solstice</small>	22
23	24 <small>Christmas Eve</small>	25 <small>Christmas Day</small>	26 <small>St. Stephen's Day</small>	27	28	29
30	31 <small>New Years Eve</small>					

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*Working with ALHomecare allows you not only to do beautiful work, which is helping another person... it allows you to work on yourself in beautiful natural surroundings...Beata*

